HEALTH & SAFETY
SMART RESTART PLAN

Selfridge Public School

Selfridge Public School
Board Approved Plan on
Aug. 12, 2020
Selfridge Public School Families,

It has been a challenge for our entire community since March, but we hope you have found ways to cope and embrace this new normal. Thank you to the students, staff, parents, and community members who have helped us succeed in these difficult times. The 2019-2020 school year was challenging but we are proud of students and thankful the district was able to celebrate our seniors’ accomplishments with a graduation exercise.

The challenge now is planning for what school will look like during the 2020-2021 school year. This is a daunting task as we all realize how the impact and response to COVID-19 has changed rapidly over the past four months. This plan will try to address these challenges, while providing a flexible framework to guide our response over the next school year.

For academic, social-emotional, and economic reasons, we are compelled to strive to return to an in-person model. Yet, we cannot disregard that the health and safety concerns associated with the virus remain. The district must consider all practical steps to keep our schools from contributing to virus spread in our community.

This plan presents hundreds of hours of critical thinking, research, modeling, and work by our educators, staff, and school board. This group reviewed input gathered from our employees and parents.

We realize that reviewing this plan may not address every question you have. We recognize some concepts and actions may be polarizing, and there are strong opinions about what the school should do or should not. But we must remain open to what is possible and consider all options so we can move forward.

Thank you for your time reviewing this plan. We encourage everyone to ask questions and communicate their concerns as we move forward. Together, our school can provide quality education to our children in a safe manner, if we work together to solve problems.

Respectfully,

Kristi Miller                 Nick Vollmuth
Superintendent               School Board President
Assumptions & Assurances

Selfridge Public School believes:

- Every student should have the opportunity to engage in learning, regardless of the spread of COVID-19 in our community.
- Schools have a vital role in providing safe environments for students, focusing on both social-emotional and physical health.
- By working together with educators, staff, health care professionals, parents, students, and community members we can solve most challenges.
- Our district will make decisions based on the most current guidance from local, state, and national health care officials.
- Our School Board will ensure our plan meets the needs of our students, educators, staff and community.

Our Planning Team

The Selfridge Public School’s Return to Learning Plan was crafted and reviewed by a team consisting of the following:

- Kristi Miller, Superintendent
- Nick Vollmuth, School Board Pres.
- Edward Mosset, SB Vice Pres.
- Donny Kraft, Head Custodian
- Custer Health District
- Indian Health Service
- Ellen Murphy, Parent
- Juanita Kraft, Admin Assist
- Heather Hammel, Teacher
- Kari Wilson, Elem/HS Principal
- Avera E-Care, District Health and Wellness Partner

Input was gathered by various means to allow for a wide range of input, while maintaining social distancing.
COVID-19 Response Team & Coordinators

This organizational structure was crafted to assist in the development and monitoring of the district return to learning plan. This structure identifies leaders and guiding team members that will serve as a voice in how the district responds to COVID-19 during the school year. This plan is designed to address the issues of reopening as well as provide a nimble and responsive process to address issues that may not be recognized today.

The three components have been identified as key operational teams that consist of multiple departments. Each operational team will work to implement the return to normal school district operations and address challenges as they arise.

COVID-19 Building Level Coordinators

Each school building will have an identified COVID-19 Coordinator in partnership with the school district superintendent who will be responsible for the health and safety preparedness and response planning. Coordinators will make themselves available to the NDDoH 24 hours a day / 7 days a week to respond to phone calls from public health. This position will assist public health in identifying and notifying close contacts in the school setting. The coordinator will be report cases of COVID-19, found in the school setting, to health officials and the State Superintendent’s office.

The school building principal will assume the role of building level coordinator in all Selfridge School buildings. If the coordinator is unable to be reached, the secondary contact will be the school superintendent.
The following phases will be used to define the community risk level associated with COVID-19. These phases align with the color-coded guidance in the ND Smart Restart Plan. Each level is reported to schools by the NDDoH after rigorous testing and assessment of cases in the community. ND Smart Restart Plan. The Selfridge Board of Education reserves the right to move back to traditional learning at any time.

### Phases

- **Blue/Green**
  - New normal. Maintain standard precautions
  - **Traditional Learning**

- **Yellow**
  - Heightened exposure risk.
  - Transmission is controlled.
  - **Blended Learning**

- **Orange/Red**
  - Significant transmission and high risk of exposure.
  - **Distance Learning**

### Instructional Models

The instructional models used by the district will be guided, in part, by the risk level of COVID-19 in the community as defined within the phases above. This is a guide as instructional models could be altered based on other factors, such as occupancy levels, age of children, and abilities to move certain classes online.

- **Traditional Learning**
  - All instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.

- **Blended Learning**
  - Students report to school on a modified schedule. Multiple hybrid models of instructional delivery may be appropriate to meet the educational needs through a variety of delivery models and also may include learning packets. *family choice is available*

- **Distance Learning (List LMS System Used)**
  - All instruction is provided off-campus through the use of distance learning resources or suited to the unique needs of the student.
Health and Safety Guidance

The district strives to provide a healthy and safe environment for all who occupy our schools. The following guidelines are intended to provide a framework for the district’s response to COVID-19. Selfridge Public School District will coordinate with Custer Health, Indian Health Services, and Avera E-care to provide resources to students and families to provide safe hygiene practices in the home.

Resources

ND Department of Health - https://www.health.nd.gov/diseases-conditions/coronavirus

Best Intentions

Despite taking every reasonable precaution, there is not guarantee that our school’s will be without risk as it relates to COVID-19. The virus will be present on our buses, in our classrooms, and at our activities. In certain situations, social distancing is not possible in a school setting. Our actions, as outlined in this plan, will not prevent any student or staff member from being in contact with the virus.

Protect Yourself and Others

Wash your hands often

- Wash with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing.
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Students are encouraged to wash their hands often throughout the day.
Avoid close contact

- Keep social distance from others especially important for people who are at a higher risk of getting sick.
- Alternate or modified schedules, adjustments to use of common areas, use of outdoor spaces and other actions that increase physical separation may be considered.
- The sharing of instructional materials should be limited as much as possible. Students will be social distanced as much as possible.
- Physical separation on busing, one student per seat, will be recommended but cannot be guaranteed.
- Entry to school buildings by visitors, shall be restricted to essential visitors only. No one will be allowed in the building without the permission of the principal or superintendent.
- Parents/Guardians may accompany their children to school, but will not be allowed entry into the building without an appointment.

Cover coughs and sneezes

- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw tissues away and wash hands or use hand sanitizer to prevent spread.

Clean and disinfect

- School staff will be cleaning and disinfecting frequently touched surfaces throughout the day.
- If shared materials are used, (not recommended) they will be sanitized.
- Classrooms will be cleaned nightly by custodial staff.

Cover your mouth and nose with a cloth face cover when around others.

- All staff will be required to wear masks when in the presence of students and other staff members they will also have the option to wear face shields or both.
- Students in all grades will be required to wear a mask during the school day when adequate social distancing is not possible.
- Students will be required to wear masks on the school bus.
### Selfridge Public School’s PPE Guidance

<table>
<thead>
<tr>
<th>STAFF</th>
<th>PPE</th>
</tr>
</thead>
<tbody>
<tr>
<td>All staff (other than what is outlined)</td>
<td>Required to wear cloth face coverings with optional face shields and plexiglass barrier. <strong>Required</strong> to wear face coverings on school transportation (bus/vehicle)</td>
</tr>
<tr>
<td>All Students</td>
<td>Required to wear cloth face coverings. <strong>Required</strong> to wear face coverings if using school transportation (bus/vehicles). Students will be provided breaks and allowed to remove their mask when outside or in spaces that can accommodate social distancing.</td>
</tr>
<tr>
<td>Public facing staff (i.e. receptionists/clerical) unless plexiglass partition is in place.</td>
<td>Required to wear cloth face coverings with optional face shields and plexiglass barrier. <strong>Required</strong> to wear face coverings on school transportation (bus/vehicle)</td>
</tr>
<tr>
<td>Staff caring for / instructing a student in a small space – small group – for more than 15 minutes. (i.e. Nurse, SPED, EL, educator)</td>
<td>Building administrators in consultation with district nurse and educator will determine if face coverings or face shield are <strong>required</strong>. This may be influenced by instructional and learning needs of the student and health considerations of all occupants in the room.</td>
</tr>
<tr>
<td>All staff</td>
<td><strong>Required</strong> to wear cloth face coverings with optional face shields and plexiglass barrier. <strong>Required</strong> to wear face coverings on school transportation (bus/vehicle)</td>
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</tr>
<tr>
<td><strong>All staff and students in school bus</strong></td>
<td><strong>Required</strong> to wear a face covering</td>
</tr>
</tbody>
</table>

**Monitor your health daily**

- Be alert for symptoms. Watch for a fever, cough, or shortness of breath.
- Parents are asked to screen their children each day before sending them to school. Use the screening guidance provided by ND Department of Health.
- Staff and students who are sick should stay home.
- When entering the building temperatures will be checked and then again at lunch time. Temperatures may be taken at the school office. Sanitizer will be present.
  - Symptomatic students will be isolated, and their guardians contacted.
Health & Safety Protocols

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. Selfridge Public School will take the following measures to ensure all students and staff are healthy while they are at school.

**Identifying Students & Staff at Higher Risk**

- Back to School and enrollment processes will include questions asking families to identify if their child is at-risk, based on a health professionals’ diagnosis. This information will be provided to the building principal (COVID-19 Coordinator) who will contact the family and discuss instructional model options.
- The administration and Selfridge Board of Education will require of all employees if they are at-risk, to provide a medical exemption based on a health professionals’ diagnosis. The Selfridge Board of Education will work in partnership with the administration and the employee to coordinate adjustments to the work schedule or workplace.
- When the NDDoH, Custer Health, and/or Indian Health Services informs the district of a student or staff member that is COVID-19 positive that information will be passed on to superintendent and building principal allowable within district policy and law.

**Isolation & Quarantine**

- Definitions
  - Isolation – For people who are already sick from the virus. A prevention strategy used to separate people who are sick with the virus from healthy people.
  - Quarantine – For people who are not sick but have been exposed to the virus. A prevention strategy used to monitor people who were exposed for a period of time.
- Selfridge Public School will follow isolation and quarantine guidelines and directives as set by NDDOH, Custer Health, and/or Indian Health Services.
Return to School

- Follow current guidelines that have been given by NDDoH
- When a student or staff member has been isolated or quarantined as directed by NDDoH, Custer Health, and/or Indian Health Services they will be allowed to return to school after being cleared by one of these entities and have provided documentation for re-entry (ex. Letter from NDDoH).

If a student or staff members becomes sick at school (or school event)

- **Student**
  - Direct/escort the child to the office.
  - Ensure student has a facial covering and is isolated in the isolation room.
  - Consult Avera E-care for guidance.
  - Parent/guardian will be contacted to pick up their child.

- **Staff**
  - Inform your supervisor immediately and wear a face mask/shield until they can be replaced if supervising students at that time.
  - Leave the school building/grounds and consult with a health care professional within 24 hours.

NOVEL CORONAVIRUS (COVID-19) RECOMMENDATIONS FOR SCHOOLS

**SITUATION: There are COVID-19 cases in North Dakota, but not in your community**
The North Dakota Department of Health (NDDoH) does not recommend school closures if cases are not occurring in your community. Schools should follow CDC guidance regarding preparing for COVID-19. The guidance includes monitoring absenteeism, keeping sick children out, ensuring handwashing, environmental cleaning, communicating with parents, etc. Districts should consult with their local public health unit to determine if cases are occurring in their community.

**SITUATION: There are COVID-19 cases in your community, but there are no cases in your school**
The NDDoH does not recommend school closures if the ongoing spread is not identified in your school. Schools should follow CDC guidance regarding preparing for COVID-19. The guidance includes monitoring absenteeism, keeping sick children out, ensuring handwashing, environmental cleaning, communicating with parents, etc.
SITUATION: There is one case of COVID-19 in your school
If there is a COVID-19 case in your school, the NDDoH will notify the facility. If a school is made aware of a COVID-19 case before being contacted by the NDDoH, please report the case to the NDDoH at 1-800-472-2180 or 701-328-2378.

The confirmed case of COVID-19 must be excluded (isolation period) from school for ten days after onset of symptoms (if no symptoms, then exclusion is ten days after collection date of test) and be fever free for 24 hours (without the use of fever reducing medications) and have improvement of symptoms, whichever is longer. The NDDoH will provide guidance to the school and the case or case’s parents/guardians.

Close contacts to a confirmed case of COVID-19 will be quarantined (must stay home) for 14 days from their last exposure to a case. A close contact is defined as someone who is within six feet of a confirmed case for 15 minutes or greater. The number of minutes can be cumulative (10 minutes in the morning, and 5 minutes in the afternoon). It may also be someone who is directly coughed on or exposed to a case’s secretions. Close contacts will be identified by the NDDoH during the investigation. In a school setting, close contacts to a case are often friends, teammates, classmates sitting next to, in front of, or behind the case, and potentially children in the same room as a case. This may mean that certain classrooms in a school have to be closed for 14 calendar days. If a case occurs in staff or children who are in multiple classrooms, then this may mean a higher number of close contacts have to be excluded from school for 14 calendar days.

SITUATION: There are two or more cases of COVID-19 in your school within 14 calendar days
Specific classrooms or grades may have to close if additional cases occur in a school. Public health (NDDoH or local public health) will provide guidance as to when a school should close. Schools may also make this determination based on the availability of staffing or level of absenteeism.

SITUATION: There is/are a close contact(s) in your school
Children or staff who are identified as close contacts to a confirmed case of COVID-19 must be excluded from the school (quarantine) until 14 calendar days after their last known exposure to the case. Close contacts will be identified by the NDDoH and informed to stay home. Even if a close contact tests negative during their 14-day quarantine period, the contact must complete the 14-day quarantine period. It can take up to 14 days to develop COVID-19.

If a parent or other household member tests positive, the child must stay out of school for the case’s isolation period (10 calendar days from onset) plus the child’s quarantine period (14 calendar days). Public health authorities will advise the parent as to how long the child will need to be removed from school.

If a parent is a contact to someone confirmed to be positive for COVID-19 (case), then the child may still attend school if the child did not have direct contact to a case.
SITUATION: Ill employees or children in your school

In addition to general infectious disease exclusion criteria, schools should exclude ill employees or children who meet the following criteria:

Fever of 100.4° F OR two or more symptoms of fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain OR loss of taste and/or smell.

Employees and children need to be excluded until either (1) tested negative for COVID-19 OR (2) diagnosed by a health care provider with another illness that does not require exclusion OR (3) for 10 days from onset AND fever-free for 24 hours (without the use of fever-reducing medications) AND symptoms are improving, whichever is longer.

COVID - 19 Close Contacts in School Settings

CDC Definition of a close contact: A close contact is defined as someone who was within 6 feet of an infected person for at least 15 cumulative minutes (ex. 5 minutes in the morning and 10 minutes in the afternoon) starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.

Close contact must be quarantined for 14 days from their last exposure to a confirmed case of COVID-19. Symptomatic close contacts should be referred to a health care provider for testing. Asymptomatic close contacts should be tested, ideally 7-10 days after last exposure to a confirmed case of COVID-19.

The following list of potential close contacts to a confirmed case of COVID-19 is not all inclusive. Additional individuals may be considered close contacts depending on the setting, type of contact, or situation. The following list is considered close contacts:

Elementary/Middle/High School:

- When entering the building temperatures will be checked and then again at lunch time temperatures will be checked.
- Children sitting in desks in front of, behind, or next to the confirmed case.
- Children sitting in the same table as the confirmed case.
- If children are cohorted or in pods, then the entire cohort or pod.
- Children eating lunch at the same table as the confirmed case.
- Children participating in extracurricular activities with the confirmed case.
- Children participating in close contact sports or physical education with the confirmed case.
- Children participating in choir or band with the confirmed case.
- If children routinely mix/interact with each other in the classroom setting, then the entire classroom will be considered close contacts.
- Staff who are in close contact, as defined by the CDC, with a confirmed case.
- Children sitting next to, in front of, or behind a case on a bus or school vehicle.
• Children carpooling to school with a case.
• Family members living in the same household as a case.
• If unable to identify close contacts of a case in a classroom or other (gym, dining hall, sporting venues, etc.) setting, the school should send out alerts to others in the same classroom to watch for symptoms and contact a health care provider if symptoms develop.

**Communication Plan**

• Due to the fluidity of COVID-19 pandemic, this plan may rapidly evolve as recommendations change. The Selfridge School District will update stakeholders regarding changes as needed.
• Methods of communication that will be used by the Selfridge School District:
  • School District Website
  • Facebook
  • District wide call system
    ▪ Please make sure the school has updated contact information—phone #, email, address
  • Local Radio
  • Mailings
  • Emails
  • School Newsletter

**Facility Accommodations & Protocols**

• **Visitor Process** – Visitors will only be allowed into the school building with an appointment approved by building principal or superintendent.

• **Signs** – Signs will be strategically placed to promote everyday protective measures to stop the spread of germs (handwashing, social distancing, mask, etc.).

• **High Frequency spaces** – These spaces will be sanitized using CDC, Custer Health, and Indian Health Services recommendations.
  • Restrooms, light switches/door handles, desktops/tables, staff lounge, front office-entry way – sanitized every 3 hours while school is in session.
  • Avera E-care Telehealth system – sanitized after each use.
    ▪ All staff members will be expected to support the sanitization efforts of custodial staff.

• **Foot Traffic Flow** – Each building will identify entry and exits to be used to manage building foot traffic.
## Transportation

- **Routes** – The school district will offer three bus routes per day (Fort Yates route, Porcupine route, and Town route) Students can still be dropped off at their school building.

- **Safety & Health** - Before entering the bus, a student’s temperature will be checked by the bus driver. A student with a temperature above 100.4 F (without the use of fever reducing medications) will not be permitted, nor any members of their household due to close contact guidelines. Students will sit one to a seat or with other students from their household. Students will be required to wear face masks. Staff members on the bus are required to wear a face mask. Busses will be sanitized after each bus run (morning and afternoon) by the bus drivers. There will be no food or drinks permitted on the bus.

## Operational Guidance/Instructional Model

### Blue /Traditional Learning/Normal Operations

| Priorities: | • Ensure students and staff who are symptomatic stay at home.  
• Implement reasonable accommodations to reduce school-wide and community spread.  
• Traditional school day will operate in the new normal. |
|---|---|
| Districtwide Practices: | • Social distancing where possible and reasonable.  
• Buildings routinely cleaned and disinfected according to CDC guidelines.  
• Handwashing integrated throughout the day.  
• Hand sanitizer available throughout each building. |
| Schools: | • Protective measures will be implemented.  
• School activities will operate at our new normal.  
• Access to campus may be limited, with new protocols.  
• **Distance Learning will not be an option when operating in normal operations.** |
| **No Family Choice:** | • Classroom activities will operate at the new normal.  
• Desks arranged to allow for cohort groups and social distancing where possible and reasonable.  
• Staff and students working in close proximity will be advised to wear a face covering. |
| Classrooms: | • Students when moving around the building will move in cohort groups and reasonably try to limit exposure to other groups.  
• Schedules may be altered to reduce cohorts passing in common areas.  
• Lunch times and location may be altered to reduce the number of students in the cafeteria at any one time. |
| Common Areas: | • Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities. |
| Extracurricular & Activities: | --- |
# Operational Guidance/Instructional Model

## Green/Low Risk/Blended Learning

### Priorities:
- Ensure students and staff who are symptomatic stay at home.
- Implement reasonable accommodations to reduce school-wide and community spread.
- Support blended learning model and distance learning option.

### Districtwide Practices:
- Masks will be **required** for all staff and students (2-12) when in the presence of students and staff members. Face shields for staff is encouraged. Seats will be assigned.
- Social distancing where possible and reasonable.
  - Distancing on a school bus will be unachievable, we encourage parents to consider alternate transportation for their child.
- Buildings routinely cleaned and disinfected according to CDC guidelines. Special focus on high touch/traffic areas.
- Handwashing integrated throughout the day.
- Hand sanitizer available throughout each building.
- Support and train parents on use of technology tools and online curricular resources.
- Encourage good hygiene and safety practices outside of school hours.

### Schools:
- Protective measures will be implemented throughout the school building.
- Some school events, assemblies and gatherings may be changed or cancelled.
- Access to campus may be limited, with new protocols.
- **Support blended learning model and distance learning option.**

### Family Choice:
- **Support blended learning model and distance learning option.**

### Classrooms:
- Students will be attending school on a blended model.
- Student will be expected to engage in learning opportunities online using Microsoft Teams, curriculum resources, and supplemental services when students are choosing distance learning.
- Limited use of shared materials and supplies.
- Desks/tables arranged to allow for cohort groups and social distancing where possible and reasonable. Seats will be assigned.
- When weather permits, utilization of outside spaces is recommended.
- Staff and students working in close proximity will be **required** to wear a face mask.

### Common Areas and Meal Service:
- Students when moving around the building will move in cohort groups and reasonably try to limit exposure to other groups. Students will socially distance during all meals.
- Schedules may be altered to reduce cohorts passing in common areas.
- Lunch times and location may be altered to reduce the number of students in the cafeteria at any one time.

### Extracurricular& Activities:
- Guidance and directives from the NDHSAA and other governing boards will be used to guide these activities.
## Yellow/Moderate Risk/Blended Learning

### Priorities:
- Ensure students and staff who are symptomatic stay at home.
- Maximize social distancing cohort where possible.
- Support blended learning model and distance learning option.

### Districtwide Practices:
- Based on identified COVID cases of students and staff targeted closures may be implemented (class, grade, department, etc). While other schools remain open and meeting students in person.
- Masks will be **required** for all staff and students (2-12) when in the presence of students and staff members. Face shields for staff is encouraged. Seats will be assigned.
- Social distancing where possible and reasonable.
  - Distancing on a school bus will be unachievable, we encourage parents to consider alternate transportation for their child.
- Buildings routinely cleaned and disinfected according to CDC guidelines. Special focus on high touch/traffic areas.
- Handwashing integrated throughout the day.
- Hand sanitizer available throughout each building.
- Support and train parents on use of technology tools and online curricular resources.
- Encourage good hygiene and safety practices outside of school hours.

### Schools:
- Protective measures will be maintained in office spaces.
- Some school events will be cancelled.
- No Public access to the school building or campus.
- **Support blended learning model and distance learning option.**

### Family Choice:
- **Support blended learning model and distance learning option.**

### Classrooms:
- Students will be attending school on a blended model.
- Student will be expected to engage in learning opportunities online using Microsoft Teams, curriculum resources, and supplemental services when students are choosing distance learning.
- No shared materials and supplies. Seats will be assigned.
- Desks/tables arranged to allow for cohort groups and social distancing where possible and reasonable.
- When weather permits, utilization of outside spaces is recommended.
- Staff and students working in close proximity will be **required** to wear a face mask.

### Common Areas and Meal Service:
- Students when moving around the building will move in cohort groups and limit exposure to other groups. Students will socially distance during all meals.
- Schedules may be altered to reduce cohorts passing in common areas.
- Lunch times and location may be altered to reduce the number of students in the cafeteria at any one time.

### Extracurricular & Activities:
- Athletic and other extra/co-curricular activities suspended.
## Operational Guidance/Instructional Model

### Orange / Red

<table>
<thead>
<tr>
<th>Priorities:</th>
<th>• Reduce the risk of community spread by closing schools.</th>
</tr>
</thead>
</table>
| Districtwide Practices: | • Online instruction will be used district wide in all courses at all grade levels.  
• Instruction will focus on essential learning targets.  
• Attendance and academic progress will be expected.  
• Grading policies will not be suspended.  
• Local food distribution may be implemented by food service program.  
• Staff members will be expected to make routine student/family contacts.  
• Encourage stakeholders to model good hygiene and safety practices outside of regular school hours. |
| Schools: | • Closed to the general public except by special arrangement with the district office.  
• Small group meetings or instruction may be allowed, particularly for special needs students or academic interventions.  
• **All students will participate in Distance Learning.** |
| All Students & Staff: | • Students will engage in learning at the home.  
• Students will be expected to engage in learning opportunities online (Microsoft Teams, curriculum resources, and supplemental services).  
• Teachers are expected to make direct student/family contact according to distance learning plan. |
| Classrooms: | • Local food distribution may be implemented by food service program. |
| Meal Service: | • Athletics and other extra/co-curricular activities suspended. |
| Extracurricular & Activities: | • |
Parents are asked to review this daily health checklist by answering these questions before sending their child to school.
(Parents do not need to send the questionnaire to school)

Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?
Yes____ No____

Does your child have a new or worsening shortness of breath?
Yes____ No____

Does your child have new or worsening cough?
Yes____ No____

Does your child have a fever of 100.4 or greater without the use of fever reducing medicines?
Yes____ No____

Does your child have chills?
Yes____ No____

Does your child have a sore throat?
Yes____ No____

Does your child have a new loss of taste or smell?
Yes____ No____

If YES to any of the questions STOP!
Do not send your child to school. Contact your healthcare provider. Contact your child’s school to inform them of your child’s absence.

If you are able to answer NO to all questions, go to school.

Contact your child’s school to inform them of your child’s absence, please!!!!!!
COVID-19: What’s the Difference Between Physical Distancing, Quarantine and Isolation?

<table>
<thead>
<tr>
<th>PHYSICAL DISTANCING</th>
<th>QUARANTINE</th>
<th>ISOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Who is it for?</strong></td>
<td>People who haven’t been exposed to the virus or are not aware of exposure to the virus.</td>
<td>People who don’t currently have symptoms of the virus but were exposed to the virus.</td>
</tr>
<tr>
<td><strong>What is it?</strong></td>
<td>A precautionary measure used to help prevent the spread of the virus.</td>
<td>A prevention strategy used to monitor people who were exposed to the virus for a period of time to see if they become ill.</td>
</tr>
<tr>
<td><strong>Where does it take place?</strong></td>
<td>Takes place outside the home in public places like grocery stores and work environments.</td>
<td>Takes place in a home setting.</td>
</tr>
<tr>
<td><strong>When do I use it?</strong></td>
<td>At all times until further directed by the ND Department of Health.</td>
<td>If you have recently traveled internationally or have known exposure to the virus.</td>
</tr>
<tr>
<td><strong>How long is it for?</strong></td>
<td>At all times until further directed by the ND Department of Health.</td>
<td>14 days after your last exposure. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine.</td>
</tr>
</tbody>
</table>

**What does this mean for my daily life?**

- Avoid large gatherings.
- Stay 6-feet away from people.
- If you are unable to stay 6-feet away from other people, wear a cloth face covering.
- Call or video-chat with friends or loved ones, particularly those that are elderly or have underlying health conditions that place them at high-risk.
- If possible, work from home.
- Practice good hygiene and avoid shaking hands or touching your face.
- If you become ill and need medical attention, call your health care provider.

- Stay at home and avoid close contact with others.
- Do not attend school, work or any other setting where you cannot maintain a 6-foot distance from other people.
- Call or video-chat loved ones.
- For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service.
- Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.
- Monitor your symptoms. If you become ill and need medical attention, call your health care provider.

- Do not leave your home unless it is in an emergency. If you are in a home with others, stay in a “sick” room by yourself and, if possible, do not share a bathroom.
- If you have a pet and live with others, do not touch your pet.
- For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. Try to stock up for the duration of the isolation.
- Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.
- If a caregiver cleans your room or bathroom, they should wear a mask and wait as long as possible after you’ve used the bathroom.
- Contact your health care provider immediately if you experience severe symptoms.
WHO DETERMINES THE COLOR OF OUR STATE?

• The Governor in consultation with the North Dakota Department of Health (NDDoH) will make the determination if and when the state or a specific county may change colors.

HOW DO I KNOW THE COLOR OF MY COUNTY?

• Currently, the entire state is in the GREEN—Low Risk Level. North Dakota’s K12 Smart Restart will follow what is identified at the state level. If the state adjusts from a statewide color to a county color, communication will occur among the NDDoH, NDDPI, and the Governor’s Office and Local Public Health will be informed. The NDDoH in coordination with Local Public Health will provide updated information to school districts if this occurs.

CAN I CHOOSE THE COLOR FOR MY SCHOOL DISTRICT?

• No. The color is determined by the Governor in consultation with the NDDoH.

MAY OUR DISTRICT CHOOSE TO IMPLEMENT MORE STRINGENT HEALTH & SAFETY PROTOCOLS?

• Absolutely. School districts may choose to implement specific mitigation protocols that are more stringent than what is included in the current color risk level.

HOW DO WE HANDLE A POSITIVE TEST RESULT?

• Every school district must follow the protocol provided by the NDDoH in response to a positive test result with a staff or student. Click here to learn more.

HOW DO WE HANDLE A CLOSE CONTACT?

• Every school district must follow the protocol provided by the NDDoH in response to a close contact. Click here to learn more.
COVID-19 EXCLUSION GUIDANCE Decision Tree for Symptomatic Individuals in Schools

Send home or deny entry if **ANY** of the following symptoms are present:

- Fever (100.4°F or higher) **OR** two or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain **OR** loss of taste and/or smell. This is in addition to **general infectious disease exclusion guidance**. People who are ill should contact their health care provider for additional guidance.

**Has the person been clinically evaluated?**

**Tested Positive for COVID-19 **

Stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever (without the use of fever reducing medicines) **and** improvement of symptoms – **whichever is longer**.

**Has the person been clinically evaluated?**

**Clinically diagnosed (not tested) for COVID-19 **

Stay home at least 10 calendar days from onset of symptoms **and** for 24 hours with no fever (without the use of fever reducing medicines) **and** improvement of symptoms – **whichever is longer**.

**Has the person been clinically evaluated?**

**Alternate clinical diagnosis or laboratory confirmed condition (e.g., norovirus, hand/foot/mouth)**

Follow provider directions/ recommended treatment & return guidance

Follow the **Child Care and School Infectious Disease Guidance**.
For a person NOT clinically evaluated who is monitoring symptoms at home.

Fever (100.4°F or higher) OR two or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain OR loss of taste/smell.

Stay home at least 10 calendar days from onset of symptoms and for 24 hours with no fever (without the use of fever reducing medicines) and improvement of symptoms – whichever is longer.

For a person NOT clinically evaluated who is monitoring symptoms at home.

Other symptoms not consistent with COVID-19

Follow the Child Care and School Infectious Disease Guidance

* Siblings & household members also stay home for 14 days from last exposure to a COVID-19 case while contagious (Red Box) = COVID-19 (Yellow box) = Other symptoms

Adapted from the Minnesota Department of Health
07/20/2020

www.health.nd.gov/diseases-conditions/coronavirus